

Welcome Home

Parkland Ancaster
Ancaster, Ontario



Parkland[™]
LIFESTYLE RESIDENCES
ANCASTER

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Visit experienceparkland.com/ancaster or call **905-379-9839** to learn more.

Want to Stay Connected?

Sign up for our monthly newsletter to receive updates on life at Parkland!



Scan the QR code or
visit experienceparkland.com/sign-up

Our Story

For more than 35 years, Shannex has been a trusted provider of senior accommodations, services and care in Atlantic Canada. What started as a single location in Cape Breton has grown to include communities across Nova Scotia, New Brunswick and Ontario. To this day, we remain a family-owned company committed to providing exceptional service at every turn.

Each day, our team members are inspired by residents' continued independence and quality of life. At Parkland Ancaster, you can do more of what you love in a place you'll be proud to call home.



Service Excellence

From our front desk concierge to our in-house culinary team, recreation coordinators, hospitality and licensed healthcare professionals, the team at Parkland Ancaster is dedicated to *Leading the Way to Better Living* for those who live, visit and work in our community. Attentive, experienced and compassionate team members get to know residents as individuals, understanding their interests and preferences, favourite pastimes, health considerations and future goals. As a result, our team delivers an exceptional resident experience that exceeds expectations at every turn. Read our complete *Philosophy of Service* online at experienceparkland.com/ourphilosophy



Your Community

Located within one of Canada's most historic communities, Parkland Ancaster offers a personalized blend of freedom and comfort with premium accommodations and exceptional service. With a full continuum of lifestyle options ranging from Independent Lifestyle Apartments to All-Inclusive and Supportive Lifestyles, Parkland residents enjoy peace of mind knowing service and care packages are always available as their needs or preferences change over time. Amenities include multiple dining spaces, pub, wellness centre, spa, multiple fitness studios, swimming pool, theatre and beautifully landscaped outdoor areas to enjoy with neighbours and guests.



Lifestyle Apartments
Griffin Hall: 161 suites

All-Inclusive Lifestyle
Webster Hall: 74 suites

Supportive Lifestyle
Assisted Living | Memory Care | Enriched Care
Tiffany Hall: 143 suites



The first seniors' living organization in Canada to achieve ISO 50001 certification for energy management.



Life at Parkland Ancaster

At Parkland Ancaster, our full continuum of lifestyle options is designed so that residents can access increasing levels of services and support as their needs or preferences change over time. Parkland is a place where family is always welcome and where neighbours become friends.

Independent Lifestyle Options

For those who want to spend more time doing what they love.

Lifestyle Apartments

Spacious, beautifully designed for independent, active seniors looking to enjoy a carefree lifestyle with access to amenities and the option to add service packages for chef-prepared meals, housekeeping and more.



All-Inclusive Lifestyle

Designed for seniors who enjoy the benefits of a carefree lifestyle. Enjoy meals, housekeeping and linen service, access to daily wellness programming, and the option to add flexible packages for services and supports as needed.

What's Included?	Lifestyle Apartments Griffin Hall	All-Inclusive Lifestyle Webster Hall
Care		
24/7 emergency response	✓	✓
Services		
Concierge services	✓	✓
Basic cable & local phone	✓	✓
Heat, water, electricity/hydro	✓	✓
Secure, in-suite and common area Wi-Fi	✓	✓
Transportation services	\$	✓
Weekly Housekeeping	\$	✓
Towel and linen services	\$	✓
Access to on-site amenities	\$	✓
Harmony Wellness Program, social and recreation events	✓	✓
Building & Design Features		
Secure access building	✓	✓
Private suite with private accessible bathroom	✓	✓
Kitchen with five appliances	✓	✓
In-suite washer/dryer	✓	✓
Outdoor guest parking	✓	✓

Supportive Lifestyle

Live life your way with support and specialized care services.



Assisted Living

A uniquely designed option for older adults who require light to moderate assistance with activities of daily living. Residents are welcomed and cared for by a team of compassionate licensed professionals who value safety, independence, and peace of mind. All on one-monthly bill, residents enjoy three meals a day, housekeeping, linen and personal laundry, wellness programming, private and spacious suites, and medication management. Flexible monthly packages are available to meet the unique and changing needs of residents.

Memory Care

Designed to support residents living with Alzheimer’s disease or another form of dementia, with a secure neighbourhood, dedicated dining room, colour contrast and textile art features. Includes daily meals, medication administration, full laundry and housekeeping services, and specialized programming such as music and pet therapy.



Enriched Care

Thoughtfully designed option for older adults who require full support with the activities of daily living such as eating, dressing, mobility, and personal care. Residents have access to professional nursing services in a secure, home-like environment. All suites come equipped with ceiling mounted mechanical lift, a medical bed, dresser and nightstand.



Retirement living at Parkland costs less than you think

Compare your costs at experienceparkland.com/cost-calculator



What's Included?

	Supportive Lifestyle - Tiffany Hall		
	Assisted Living	Memory Care	Enriched Care
Care			
24/7 emergency response	✓	✓	✓
24/7 registered health staff on-site	✓	✓	✓
Medication administration	Unlimited	Unlimited	Unlimited
Support with activities of daily living	✓	✓	✓
Personalized wellness packages available	\$	\$	\$
Incontinence supplies	–	–	✓
Basic toiletries and supplies (tissue, shampoo, razor, shaving cream, etc.)	–	–	✓
Services			
Concierge service	✓	✓	✓
Chauffeur service	✓	✓	✓
Basic cable & local phone	✓	✓	✓
Weekly housekeeping	✓	✓	✓
Daily tidy	–	✓	✓
Towel & linen service	✓	✓	✓
Personal laundry	✓	✓	✓
Daily meals (3) & snacks (2)	✓	✓	✓
Tray service	✓	✓	✓
Access to on-site amenities	✓	✓	✓
Building Features & Design			
Secure access building	✓	✓	✓
Outdoor guest parking	✓	✓	✓
Private suite with private accessible bathroom	✓	✓	✓
Dedicated community	✓	✓	✓
Dedicated dining & lounge space	✓	✓	✓
Nursing station	✓	✓	✓
Secure community	–	✓	✓

**Subject to change*

Admissions

Parkland is a member of the Ontario Retirement Communities Association and licensed through the Retirement Homes Regulatory Authority. All future residents require a physician's assessment and in-house health assessment prior to moving in.

Park Boulevard

Thoughtfully designed to enhance the lives and independence of residents, Park Boulevard resembles a small town that promotes an active, healthy, and carefree lifestyle. With familiar surroundings Park Boulevard is accessible to all residents and is a place for them to gather with neighbours, loved ones and friends. Parkland is a family-owned business whose service excellence is inspired by community pride. Family is important to us. Having accessible spaces for residents to connect with family and friends is so important to resident wellbeing and our buildings have been designed with that in mind. Regardless of age, we never lose our desire to feel connected to our neighbours and friends. Park Boulevard is where community connections are within reach. Located in the Supportive Lifestyle building, residents can grab a coffee at the café or plant their favourite flowers in the sunroom, visit the fitness studio, attend a movie matinee, or enjoy a live concert. It's a place intended to create a strong, vibrant, and inclusive community.



Park Boulevard includes:

- Streets and courtyards
- Interior garden and sunroom
- Worship and gathering space
- Café
- Town centre/tuck shop
- Medical clinic

Benefits of Park Boulevard:

- A secure environment
- A familiar atmosphere
- Inclusive, welcoming space to connect with neighbours or visitors
- Maintaining your routine and independence
- Meaningful activities



Exclusive Services and Amenities



Building Services

- Chef-prepared meals
- Housekeeping services
- 24/7 emergency response
- Chauffeur service
- Concierge service
- Outdoor guest parking
- Underground parking and storage (\$)
- Secure, in-suite Wi-Fi



Building Amenities

- Multiple restaurants
- Private dining room
- Heated pool
- Full-service spa and salon
- Harmony fitness centre
- Games room with pool table and golf simulator
- Movie theatre
- Great Hall for large events
- General Store
- Park Boulevard



Outdoor Amenities

- Balconies for most independent lifestyle suites
- Flower gardens, gazebo, mini putting green and beautifully landscaped grounds with walking paths



Safety and Security

- Secure building with after-hours concierge
- Year-round, resident-controlled heating and cooling in every suite
- State-of-the-art fire alarm and sprinkler system with in-suite smoke detectors
- Generator for full backup emergency power
- Smoke-free environment

Your Dining Experience

Dining at Parkland is always a social occasion. Whether sharing a table with neighbours, friends or visiting family, residents enjoy a restaurant-style dining environment that consistently delivers on taste, service, and atmosphere. Each week, our certified culinary team, including an in-house pastry chef, designs a seasonally themed menu inspired by residents and the surrounding community, using local products whenever possible to deliver a variety of quality and nutritious meals—including unique specials served daily.

And while our food is delicious, what sets us apart is our commitment to service excellence and helping every resident feel at home. Our culinary team will get to know you by name and take the time to understand your likes and dislikes, as well as special dietary restrictions and preferences. For special occasions, residents are invited to reserve our private dining room for hosting guests at an event catered by our culinary team.

At Parkland, you can sit where you like and dine with confidence knowing our team delivers choice, selection, flavour, and service with pride.

Appetizers

Parkland Seafood Chowder

Digby scallops, grilled shrimp, Nova Scotia haddock simmered in a savory potato cream sauce

Garden Salad (V) (GF)

Mixed greens, tomatoes, carrots, radish, cucumbers and zesty dressing

Potato & Cheddar Perogies

Pan-fried and served with house-made sauerkraut and fresh sour cream

Desserts

Made by in-house pastry chef

Lemon Curd Torte

Finished with stewed raspberries and fresh cream

Tiramisu

Layers of fresh mascarpone custard with rum and coffee-soaked ladyfingers finished with whipped cream

Decadent Chocolate Cake

Topped with blueberries and fresh cream

Mains

Ontario Grass-Fed Rack of Lamb

Marinated, slow roasted and served with a light mint reduction

Free-Range Chicken

With savory goat cheese and cranberry stuffing

Oven-Roasted Pork Loin (GF)

Served with fennel orange sauce, daily vegetables and your choice of side

Fire-Roasted Black

Angus Tenderloin

Topped with caramelized onions and Dijon cognac sauce

Pan-Seared Salmon (GF)

Served with warm tomato basil salsa, daily vegetables and your choice of side

Panko-Crusted Haddock

Grilled and served with citrus butter

Seafood Risotto

Tender risotto simmered with fresh scallops, tiger shrimp, mussels and lobster

Your Health and Wellness

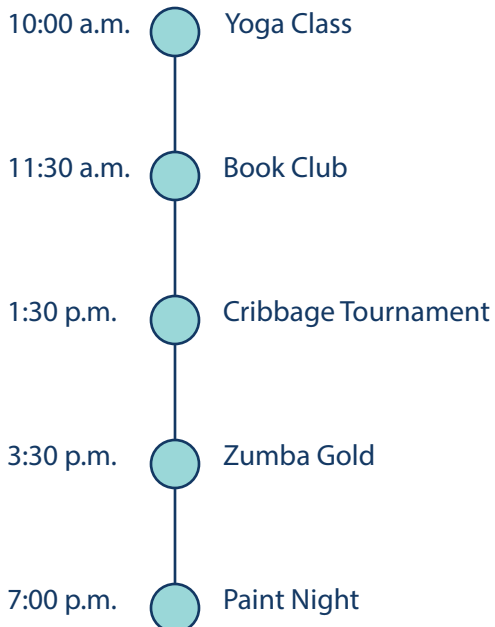
At Parkland Ancaster, wellness plays an important part in resident quality of life. Our signature Harmony Wellness Program supports six dimensions of wellness: emotional, intellectual, physical, social, spiritual and vocational.

Every new resident is invited to meet with Parkland's Wellness Coach who creates a monthly calendar of on-and-off campus activities that reflect the community, season, special occasions and resident interests. Events are led by team members, external partners and residents who bring a wealth of talent as experienced artists, golfers, musicians and writers.

At Parkland, you'll have the time to do more of what you love. Here are two sample calendars featuring our valued residents.



Debbie is a health enthusiast and is learning to paint



Harold spends a great amount of his time outdoors or catching up with friends



The Parkland Promise™

The Parkland Promise™ provides peace of mind knowing every detail has been considered to ensure your continued satisfaction and quality of life. This is your home and our team is proud to work where you live. Our lifestyle options, amenities, programs and services combine to make Parkland a place where you can live your best life.



Residents First

Resident feedback constantly guides and inspires our team. From the design of our communities to the menus, services and programs, Parkland's team works to ensure our offerings reflect resident preferences. Team members are committed to being compassionate, honest, professional and safe while delivering exceptional service at every turn. Learn more about our *Philosophy of Service* at experienceparkland.com/ourphilosophy



Money Back Guarantee*

Resident wellbeing, happiness and quality of life is at the centre of all we do. From your first visit to the day you sign a lease, our team works to understand your lifestyle, needs and preferences. We are so confident in our process to help you get settled, familiar and connected with life at Parkland that we offer a 30-day Money Back Guarantee. Residents who are less than satisfied will receive one month's suite rental in full.



One Monthly Bill

To help you spend more time doing what you love and less time managing multiple utility providers, Parkland offers a single monthly bill outlining your selected lifestyle option costs (heat, hot water, electricity, local phone, basic cable and common area Wi-Fi are included), plus a detailed account of any additional services you purchase.



No Long-Term Contracts

Our team understands the challenges of long-term contracts, especially year-long leases for seniors who may be faced with an unexpected need to relocate. At Parkland, your peace of mind is our first priority, which is why we only require a calendar months' notice when you choose to leave our community.



Priority Access

At Parkland, our Continuum of Service is designed so you can access increasing levels of support as your needs change over time. When you or a loved one needs to access a lifestyle option with more services or care, you can rest easy knowing Parkland residents have priority access—regardless of the size of the wait list from the external community.



View the Parkland Promise at
experienceparkland.com/promise

**A resident must stay at Parkland Ancaster for at least 90 days in order to qualify for the Money-Back Guarantee (does not apply to Short Term Stay, Memory Care and Enriched Care). While monthly rents are HST exempt, HST charges may apply to select a-la-carte services. For full details and exceptions, please visit experienceparkland.com/promise or contact your Lifestyle Consultant.*