



**Parkland**<sup>™</sup>  
LIVE YOUR BEST LIFE

Supportive Lifestyle

## Enriched Care

*Offered at Parkland on Eglinton West, Parkland Ajax and Parkland Ancaster*

Parkland is a family-owned, Maritime-based business with over 35 years' experience providing quality and compassionate care to seniors. We know that as needs change, the importance of being able to forecast the cost of service and care and that's why we offer all-inclusive services and pricing based on your chosen lifestyle option. Our continuum ensures that residents have peace of mind knowing that their needs will be looked after as long as they call Parkland home.

*Visit [experienceparkland.com](http://experienceparkland.com) to learn more*

	Parkland	Option 1:	Option 2:	Option 3:
<b>Utilities and Technology</b>				
Secure, In-Suite Wi-Fi	✓			
Heat, Water and Electricity/Hydro	✓			
Basic cable connection	✓			
Basic phone connection ( <i>landline</i> )	✓			
<b>Services</b>				
Concierge Services	✓			
Transportation Services	✓			
Weekly Housekeeping	✓			
Daily Tidy	✓			
Towel and Linen Service	✓			
Personal Laundry	✓			
Daily Meals & Snacks	3			
Tray Service	✓			

	Parkland	Option 1:	Option 2:	Option 3:
<b>Care</b>				
24/7 Health Team on site	✓			
24/7 Emergency Response	✓			
Materials provided for the provision of care (toiletries, linens, etc.)	✓			
Specialized Memory Care program	✓			
<b>Health and Wellness Checks</b>	✓			
<b>Unlimited</b> Medication Administration	✓			
Support with Activities of Daily Living	✓			
<b>Direct Care* (Morning &amp; Evening Care)</b>	✓			
<b>Portering</b>	✓			
<b>Safety Checks</b>	✓			
<b>Bath or Shower</b> (two per week)	✓			
<b>Continence Care</b>	✓			
<b>Incontinence Products</b>	✓			
<b>Feeding Support</b>	✓			
<b>Wellness</b>				
Harmony Wellness Program	✓			
Events (social, recreation)	✓			
<b>Building / Design Features</b>				
<b>Secure Neighbourhood</b>	✓			
Specialized Design Features	✓			
Spacious, fully accessible private suite	✓			
<b>Private Barrier-free Washroom</b>	✓			
<b>Furnished Suite, including hospital bed, nightstand and dresser</b>	✓			
<b>In-suite mechanical ceiling lift</b>	✓			

\*Up to four hours of direct care provided daily.