



Parkland[™]
LIVE YOUR BEST LIFE

Supportive Lifestyle

Assisted Living

Offered at Parkland on Eglinton West, Parkland Ajax, Parkland Ancaster and Parkland on the Glen

Parkland is a family-owned, Maritime-based business with over 35 years' experience providing quality and compassionate care to seniors. We know that as needs change, the importance of being able to forecast the cost of service and care and that's why we offer all-inclusive services and pricing based on your chosen lifestyle option. Our continuum ensures that residents have peace of mind knowing that their needs will be looked after as long as they call Parkland home.

Visit experienceparkland.com to learn more

	Parkland	Option 1:	Option 2:	Option 3:
<u>Utilities and Technology</u>				
Secure, In-Suite Wi-Fi	✓			
Heat, Water and Electricity/Hydro	✓			
Basic cable connection	✓			
Basic phone connection (<i>landline</i>)	✓			
<u>Services</u>				
Concierge Services	✓			
Transportation Services	✓			
Weekly Housekeeping	✓			
Towel and Linen Service	✓			
Personal Laundry	✓			
Daily Meals & Snacks	3			
Tray Service	✓			

	Parkland	Option 1:	Option 2:	Option 3:
Care				
24/7 Health Team on site	✓			
24/7 Emergency Response	✓			
Health and Wellness Checks	✓			
Unlimited Medication Administration	✓			
Support with Activities of Daily Living	✓			
Direct Care* (Morning & Evening Care)	✓			
Portering	✓			
Safety Checks	✓			
Bath or Shower (one per week)	✓			
Continance Care	✓			
Wellness				
Harmony Wellness Program	✓			
Events (social, recreation)	✓			
Gym and Fitness Classes	✓			
Building / Design Features				
Spacious, fully accessible private suite	✓			
Private Barrier-free Washroom	✓			
Kitchenette appliances included (small fridge and microwave)	✓			

*Up to two hours of direct care provided daily.