



# THE CITADEL RESTAURANT

*Sample menu*

## Appetizers

### Parkland Seafood Chowder

Creamy seafood chowder with maritime seafood medley

### Garden Salad (V) (GF)

Mixed greens, tomatoes, carrots, radish, cucumbers and zesty dressing

### Phyllo-Wrapped Brie

With fig jam



# Entrées

## Oven Roasted Pork Loin (GF)

Served with fennel orange sauce, daily vegetables and your choice of side

## Beet and Goat Cheese Salad (V)

Roasted beets, arugula, goat cheese, candied pecans with house dressing  
Add: chicken or salmon

## Baked Herb and Parmesan Crusted Chicken

Served with marinara sauce, daily vegetables and your choice of side

## Chicken Pot Pie

Oven-baked and topped with pie crust

## Beef Stew

Braised beef, carrot, celery, onion and potatoes, served with a dinner roll

## Spaghetti and Meatballs

Beef meatballs, marinara with garlic bread and parmesan cheese

## Pan-Seared Salmon (GF)

Served with warm tomato basil salsa, daily vegetables and your choice of side

*All items are served with choice of potato, rice or risotto and fresh seasonal vegetables.*

# Desserts

## Ice Cream (GF and LF options available)

Vanilla, chocolate, strawberry, mango, orange gelato, frozen yogurt

## Pudding

Chocolate, vanilla, butterscotch

## Berry Bowl

*A selection of alcoholic and non-alcoholic beverages available for a fee.*

