

# A Resource for Medical Professionals



Parkland™



## Accommodations in Your Community

At Parkland, we strive to be a resource to seniors and their families within the communities that we live and work. By offering a variety of lifestyle options, we are providing seniors and their loved ones with the ultimate peace of mind, and the comfort of knowing that support is available when needed.

### Parkland's Lifestyle Continuum

Parkland offers a full lifestyle continuum from independent apartments, to full 24/7 support with all activities of daily living (ADL's). All Parkland locations have staff onsite 24 hours a day with 24-hour emergency response.

#### All Inclusive Lifestyle

- Two to three meals provided
- Housekeeping/laundry services
- Social and recreation activities
- Shuttle Service
- 24/7 emergency response service
- Ability to add on health services if needed

#### Assisted Living/ All-Inclusive Plus

- Full meal and snack service
- Housekeeping/laundry services
- Assistance with ADL's
- Medication administration
- 24/7 supervision
- Social and recreation activities

#### Memory Care

- Full meal and snack service
- Housekeeping/laundry services
- Assistance with ADL's/personal care
- Medication administration
- 24/7 supervision in a secure neighbourhood
- Social and recreation activities designed for those with cognitive challenges

#### Enriched Care

- Full meal and snack service
- Housekeeping/laundry services
- Medication administration
- Full 24/7 support with ADL's
- Nighttime resident checks
- Lifts, transfers (1 & 2 person)
- Specialized bathing tubs
- Resident feeding assistance
- Diabetic monitoring
- Dietitian service to manage specialized diets/eating challenges
- Physiotherapist service
- Social and recreation activities designed for those with compromised health, cognitive/physical challenges
- Incontinence care
- Palliative care



## Short-Term Stay Options

You want what's best for our senior population, which is why we've developed a choice of temporary stay options available to your patients who need immediate support, but aren't quite ready to leave their homes.

### Winter/Short-Term Stays

- The ideal option for those seniors who are independent, but require some support with activities such as cooking, cleaning and transportation. Perfect for the winter months when seniors find the days long and upkeep of their home during this time overwhelming.

### Respite Stays

- Respite stays are designed to provide temporary relief for a caregiver. They also provide a safe and welcoming environment for seniors, equipped with the comforts of home.

### Rehabilitation Stays

- Ideal for post-hospital recovery in a setting that provides optimal support. Your patients can meet with our friendly and professional Resident Services Manager to ensure Parkland Retirement Living can provide for all of their needs.

### Emergency Placement

*(Select NB Properties Only)*

- Beds are generally used to prevent unnecessary hospital admissions of adults who are facing social or environmental crisis, due to their caregivers being unable to provide care, or for unforeseen circumstances beyond their control.
- Beds are for individuals who are ambulatory, medically stable and require care and supervision for a short period of time.



# Parkland™

ExperienceParkland.com • 1-877-742-6639    

Parkland has locations across Nova Scotia, New Brunswick and Ontario.

For more information on availability and pricing information, contact us today at 1-877-742-6639. Lifestyle options and temporary stay options differ by campus and are based on availability.