

# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>This month there will be fundraisers for the Terry Fox Foundation. Currently, we are selling t-shirts, please see Kaylee or Tanya by Sept. 10<sup>th</sup> if you are interested in purchasing a t-shirt.</p>		<p><b>1</b></p> <p>10:45: Morning Walks (Meet by the Front Doors)</p> <p>2:00: BINGO! (2<sup>nd</sup> Floor Dining Room)</p> <p>3:00 pm: Bocce Ball (Outside)</p>	<p><b>2</b></p> <p>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</p> <p>1:30: Tai Chi for Seniors (Mezzanine)</p> <p>2:00: Jeopardy</p> <p>3:00: Positive Psychology Course Week 1 (Mezzanine)</p>	<p><b>3</b></p> <p>10:45: Morning Walks (Meet by the Front Doors)</p> <p>2:00: Washer Toss (Outside in the Gazebo)</p> <p>3:00: Wheel of Fortune (Outside in the Gazebo)</p>	<p><b>4</b></p> <p>11:00: Window Visits with Allison &amp; Image</p> <p>10:30: Outing: Chalet (2<sup>nd</sup> Floor, signup required)</p> <p>6:15: Movie Night! (Mezzanine)</p>	<p><b>5</b></p>
		<p><b>6</b></p> <p>9:00 am – 10:00 am: Weekday Puzzle Delivery (unless otherwise specified)</p> <p>Kaylee Dillon Wellness Coordinator T: 902-406-8113 E: kdillon@shannex.com</p> <p>Eden Arkens Wellness Assistant T: 902-4068186</p>	<p><b>7 Labour Day</b></p> <p>*no puzzle delivery*</p>	<p><b>8</b></p> <p>10:45: Morning Walks (Meet by the Front Doors)</p> <p>2:00: BINGO! (2<sup>nd</sup> Floor Dining Room)</p> <p>3:15: Brain Games (3<sup>rd</sup> Floor Community Room A)</p>	<p><b>9</b></p> <p>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</p> <p>1:30: Tai Chi for Seniors (Mezzanine)</p> <p>2:00: Washer Toss (Outside in the Gazebo)</p> <p>3:00: Positive Psychology Course Week 2 (Mezzanine)</p> <p>**Library Book Return**</p>	<p><b>10</b></p> <p>10:45 am: Morning Walks (Meet by the Front Doors)</p> <p>2:00 pm: Lexicon (2<sup>nd</sup> Floor Community Room A)</p> <p>3:00 pm: Ladder Golf (Outside in the Gazebo)</p> <p>**Library Book Delivery**</p>

# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>13</b> <b>50/50 Fundraiser for the Terry Fox Run starts Sept. 14<sup>th</sup>!! See Kaylee, Eden, or Tanya to purchase</b>  <b>1 ticket for \$2</b> <b>3 tickets for \$5</b>	<b>14</b> <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>2:00: Terry Fox Video (\$2 Donation, Mezzanine)</b>  <b>3:00: Lexicon (2<sup>nd</sup> Floor Community Room A)</b>	<b>15</b> <b>10:45: Morning Walks (Meet by the Front Doors)</b>  <b>2:00: BINGO! (2<sup>nd</sup> Floor Dining Room)</b>  <b>3:00: Manicures (3<sup>rd</sup> Floor Community Room A)</b>	<b>16</b> <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>1:30: Tai Chi for Seniors (Mezzanine)</b>  <b>2:00: Family Feud!</b>  <b>3:00: Positive Psychology Course Week 3 (Mezzanine)</b>	<b>17</b> <b>10:45: Morning Walks (Meet by the Front Doors)</b>  <b>2:00: Washer Toss (Outside in the Gazebo)</b>  <b>3:00: Wheel of Fortune (3<sup>rd</sup> Floor Community Room A)</b>	<b>18</b> <b>11:00: Window Visits with Allison &amp; Image</b>  <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>1:30-2:15: Terry Fox Walk (1<sup>st</sup> &amp; 3<sup>rd</sup> Floors)</b> <b>2:30-3:15: Terry Fox Walk (2<sup>nd</sup> &amp; 5<sup>th</sup> Floors)</b>  <b>6:15: Movie Night! (Mezzanine)</b>	<b>19</b> <b>1:30 pm -3:30: Fall Family Day Extravaganza with a visit from the Hatfield Farm Petting Zoo! (Gazebo &amp; Surrounding Area)</b>  <b>1:30-2:30: 2<sup>nd</sup> &amp; 5<sup>th</sup> Floors</b> <b>2:30-3:30: 1<sup>st</sup> &amp; 3<sup>rd</sup> Floors</b>  <b>*Family must RSVP to this event by Monday, Sept 14<sup>th</sup>*</b>
<b>20</b>	<b>21</b> <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>2:00: Jeopardy! (Mezzanine)</b>  <b>3:00: Bowling! (Mezzanine)</b>	<b>22</b> <b>10:45: Morning Walks (Meet by the Front Doors)</b>  <b>2:00: BINGO! (2<sup>nd</sup> Floor Dining Room)</b>  <b>3:00: Lexicon (3<sup>rd</sup> Floor Community Room A)</b>	<b>23</b> <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>1:30: Tai Chi for Seniors (Mezzanine)</b>  <b>2:00: Ladder Golf (Outside in the Gazebo)</b>  <b>3:00: Positive Psychology Course Week 4 (Mezzanine)</b>	<b>24</b> <b>10:45: Morning Walks (Meet by the Front Doors)</b>  <b>2:00: Word in a Word (2<sup>nd</sup> Floor Community Room A)</b>  <b>3:00: Wheel of Fortune (3<sup>rd</sup> Floor Community Room A)</b>	<b>25</b> <b>11:00: Window Visits with Allison &amp; Image</b>  <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>2:00: BINGO! (2<sup>nd</sup> Floor Dining Room)</b>  <b>6:15: Movie Night! (Mezzanine)</b>	<b>26</b>
<b>27</b>	<b>28</b> <b>11:00: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>2:00: Word in a Word (3<sup>rd</sup> Floor Community Room A)</b>  <b>3:00: Washer Toss (Outside, meet in Gazebo)</b>	<b>29</b> <b>10:45: Morning Walks (Meet by the Front Doors)</b>  <b>2:00: BINGO! (2<sup>nd</sup> Floor Dining Room)</b>  <b>3:15: Hangman (3<sup>rd</sup> Floor Community Room A)</b>	<b>30</b> <b>11:00 am: Fitness &amp; Brain Games (3<sup>rd</sup> Floor Community Room A)</b>  <b>1:30 pm: Tai Chi for Seniors (Mezzanine)</b>  <b>2:00: Wheel of Fortune (3<sup>rd</sup> Floor Community Room A)</b>  <b>3:00: Lexicon (2<sup>nd</sup> Floor Community Room A)</b>			